

What to Do, When Tempted to ...

- Phil 4:6-9 ⁶ Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ⁷ and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.
- ⁸ Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things. ⁹ The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.
- 1 Cor 10:23 All things are lawful for me, but not all things are helpful; all things are lawful for me, but not all things edify.
- Phil 1:9-10 ⁹ And this I pray, that your love may abound still more and more in knowledge and all discernment, ¹⁰ that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ,

1. A forgiving spirit, when tempted toward revenge

- Rom 12:19-20 ¹⁹ Beloved, do not avenge yourselves, but *rather* give place to wrath; for it is written, “*Vengeance is Mine, I will repay,*” says the Lord. ²⁰ Therefore “*If your enemy is hungry, feed him; if he is thirsty, give him a drink; for in so doing you will heap coals of fire on his head.*”
- Ex 21:24 eye for eye, tooth for tooth, hand for hand, foot for foot,
- Matt 5:23-24 ²³ Therefore if you bring your gift to the altar, and there remember that your brother has something against you,²⁴ leave your gift there before the altar, and go your way. First be reconciled to your brother, and then come and offer your gift.
- 2 Cor 2:7 so that, on the contrary, you *ought* rather to forgive and comfort *him*, lest perhaps such a one be swallowed up with too much sorrow.
- Eph 4:32 And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.
- Col 3:13-14 ¹³ bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also *must do*. ¹⁴ But above all these things put on love, which is the bond of perfection.

2. Humbleness, when ego starts to surface

- Isa 5:21 Woe to *those who are* wise in their own eyes, and prudent in their own sight!
- Rom 12:16 Be of the same mind toward one another. Do not set your mind on high things, but associate with the humble. Do not be wise in your own opinion.
- 1 Cor 8:2 And if anyone thinks that he knows anything, he knows nothing yet as he ought to know.
- Gal 6:3 For if anyone thinks himself to be something, when he is nothing, he deceives himself.
- James 4:6 But He gives more grace. Therefore He says: “*God resists the proud, but gives grace to the humble.*”
- 1 Pet 5:5 Likewise you younger people, submit yourselves to *your* elders. Yes, all of *you* be submissive to one another, and be clothed with humility, for “*God resists the proud, but gives grace to the humble.*”

3. Be consistent, when tempted to compromise

- 2 Tim 1:13-14 ¹³ Hold fast the pattern of sound words which you have heard from me, in faith and love which are in Christ Jesus. ¹⁴ That good thing which was committed to you, keep by the Holy Spirit who dwells in us.
- 2 Tim 3:14 But you must continue in the things which you have learned and been assured of, knowing from whom you have learned *them*,
- Heb 13:1 Let brotherly love continue.
- Phil 4:8 Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things.

4. Walk in the Spirit, when tempted of the flesh

- Gal 5:16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh.
- 1 John 2:16 For all that *is* in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world.
- Rom 12:2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what *is* that good and acceptable and perfect will of God.
- Matt 5:28 But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.
- Psa 51:3, 12 ³ For I acknowledge my transgressions, and my sin *is* always before me. ¹² Restore to me the joy of Your salvation, and uphold me *by Your* generous Spirit.

5. Take personal responsibility, when tempted to point fingers

- Gen 3:6-13 ⁶ So when the woman saw that the tree *was* good for food, that it *was* pleasant to the eyes, and a tree desirable to make *one* wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. ⁷ Then the eyes of both of them were opened, and they knew that they *were* naked; and they sewed fig leaves together and made themselves coverings.
- ⁸ And they heard the sound of the Lord God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the Lord God among the trees of the garden.
- ⁹ Then the Lord God called to Adam and said to him, “Where *are* you?”
- ¹⁰ So he said, “I heard Your voice in the garden, and I was afraid because I was naked; and I hid myself.”
- ¹¹ And He said, “Who told you that you *were* naked? Have you eaten from the tree of which I commanded you that you should not eat?”
- ¹² Then the man said, “The woman whom You gave *to be* with me, she gave me of the tree, and I ate.”
- ¹³ And the Lord God said to the woman, “What *is* this you have done?”
- The woman said, “The serpent deceived me, and I ate.”
- Gen 2:16-17 ¹⁶ And the LORD God commanded the man, saying, “Of every tree of the garden you may freely eat; ¹⁷ but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.”
- Gen 3:13 And the LORD God said to the woman, “What *is* this you have done?” The woman said, “The serpent deceived me, and I ate.”
- Gal 6:5 For each one shall bear his own load.

6. Be up-to-date on knowing God's will, when tempted to delay

Prov 27:1 Do not boast about tomorrow, for you do not know what a day may bring forth.

James 4:14 whereas you do not know what *will happen* tomorrow. For what *is* your life? It is even a vapor that appears for a little time and then vanishes away.

Heb 3:7-8 ⁷ Therefore, as the Holy Spirit says: "*Today, if you will hear His voice, ⁸ do not harden your hearts as in the rebellion, in the day of trial in the wilderness,*

Conclusion

2 Cor 10:4-5 ⁴ For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

Matt 7:20 Therefore by their fruits you will know them.